# **NYBG BRONX GREEN-UP**

## November 2024

#### **Annual Pumpkin Smash**

Wednesday, November 6 • 3:30–5:30 p.m. Lehman College • 250 Bedford Park Boulevard West

Looking for a fun, eco-friendly way to celebrate the fall season? Bring your post-Halloween pumpkins and join us at Lehman College for a smashing good time-literally! Come smash pumpkins that will be repurposed into compost for parks and community gardens. Enjoy pumpkin bread, edible pumpkins, recipes, and other activities. To register, go to <a href="https://www.nybg.org/event/pumpkin-smash/">https://www.nybg.org/event/pumpkin-smash/</a>



### **Fire Cider Workshop**

Saturday, November 9 • 12–3 p.m. 138th Street Community Garden • 624 East 138 Street

Fire cider—an herbal tonic—is a traditional remedy that stimulates digestion and supports respiratory wellness. As an immunity booster, it's also helpful for warding off colds and flu during colder months. Fire cider is the perfect fall tonic that connects us to traditional practices used by many BIPOC communities. The Humanities Institute will partner with 138th Street Community Garden in the Bronx to offer a free community



workshop. We will be using accessible household ingredients such as garlic, ginger, onion, pepper, turmeric root, horseradish root, lemon, honey, apple cider vinegar, and different herbs to make this warming remedy to prepare us for the months ahead, Participants will have the opportunity to make their own fire cider. To register, go to <a href="https://www.nybg.org/event/fire-cider-workshop/">https://www.nybg.org/event/fire-cider-workshop/</a>



## Leaf Crunch & Munch at Van Cortlandt Park

Saturday, November 16 • 9 a.m.–2 p.m.Van Cortlandt Park • Enter the park at Broadway & Mosholu Avenue

Whether you're a seasoned gardener or just looking for a fun fall outing, this is the perfect event for anyone who loves autumn, nature, and community. Don't miss out on a chance to enjoy the changing season while making a positive impact on your local green spaces. We'll see you at Van Cortlandt Park for the ultimate fall

celebration! To register, email us at <a href="mailto:compost@nybg.org">compost@nybg.org</a>

#### **Compost Sifter Build Workshop**

Monday, November 11 • 11 a.m.–2 p.m. Van Cortlandt Park • Enter the park at Broadway & Mosholu Avenue

Join Van Cortlandt Park Alliance and Bronx Green-Up to learn how to build your own compost sifter and use finished compost in your garden! Participants can build sifters to take home, or to donate to a local community garden. Gardeners of all levels are welcome! RSVP is required as materials are limited. To register, go to

https://vancortlandt.org/event/compostsifter-building-workshop/



#### **Volunteer Opportunities in November**

Join us for hands-on gardening and composting at community gardens in the Bronx! For more information or to register, email **bronxgreenup@nybg.org**.



#### Volunteer Garden Workday at Karol's Urban Farm

Fridays, November 1, 8, 15, & 22 • 11 a.m.–1 p.m.

Karol's Community Farm • Havemeyer & Lacombe Avenue, Bronx

Join the Karol's Farm crew and Castle Hill Houses community-members for a weekly produce distribution and volunteer workday! Even during the winter, the farm needs care. For more information, email bronxgreenup@nybg.org.

#### Pruning Workshop at La Finca Del Sur

Saturday, November 16 • 10 a.m.-12:30 p.m.

La Finca Del Sur Urban Farm • East 138th Street & Grand Concourse

Have you ever wondered why some trees are healthier than others? Pruning improves plant health by removing dead and dying branches, promoting new growth, and protecting your trees from diseases. Come to La Finca to learn while you prune! To register, email <a href="mailto:bronxgreenup@nybg.org">bronxgreenup@nybg.org</a>

#### Compost Workday at New Roots Community Farm

Wednesday, November 20 • 10 a.m.-1 p.m.

New Roots Community Farm • 670 Grand Concourse

Join the New Roots Community Farm Compost team and Bronx Green-Up to clean up the farm, process fresh organic waste, and maintain the three-bin and tumbler compost systems. For more information, email <a href="mailto:bronxgreenup@nybg.org">bronxgreenup@nybg.org</a>. No registration required.



## NYBG Herbarium + Community Gardens Initiative.

NYBG Herbarium + Community Gardens Initiative's collaborates with gardeners and other community members to support community-led dialogues and organizing around local ethnobotanical research, preservation, and knowledge sharing. The Initiative meets twice a month online, holds events in community spaces, and sends a monthly newsletter.

#### Follow us on Instagram!

We're excited to announce our brand-new Instagram account, **@bronxgreenup!** Follow us to stay informed about upcoming events, volunteer opportunities, certificate programs, and more. Have an event at your community garden? Send it our way, and we'll share it! You'll also find volunteer and gardener spotlights and get to know our dedicated team. Don't miss out—hit that follow button to stay connected!





# **Bronx Foodways Oral Histories Project**

Launched in 2021, the Bronx Foodways Oral Histories Project exists to preserve the food histories and life experiences of long-time community gardeners and urban farmers across the borough. Listen to the interviews and learn more at:

www.nybg.org/learn/humanitiesinstitute/bronx-foodways-oral-historiesproject